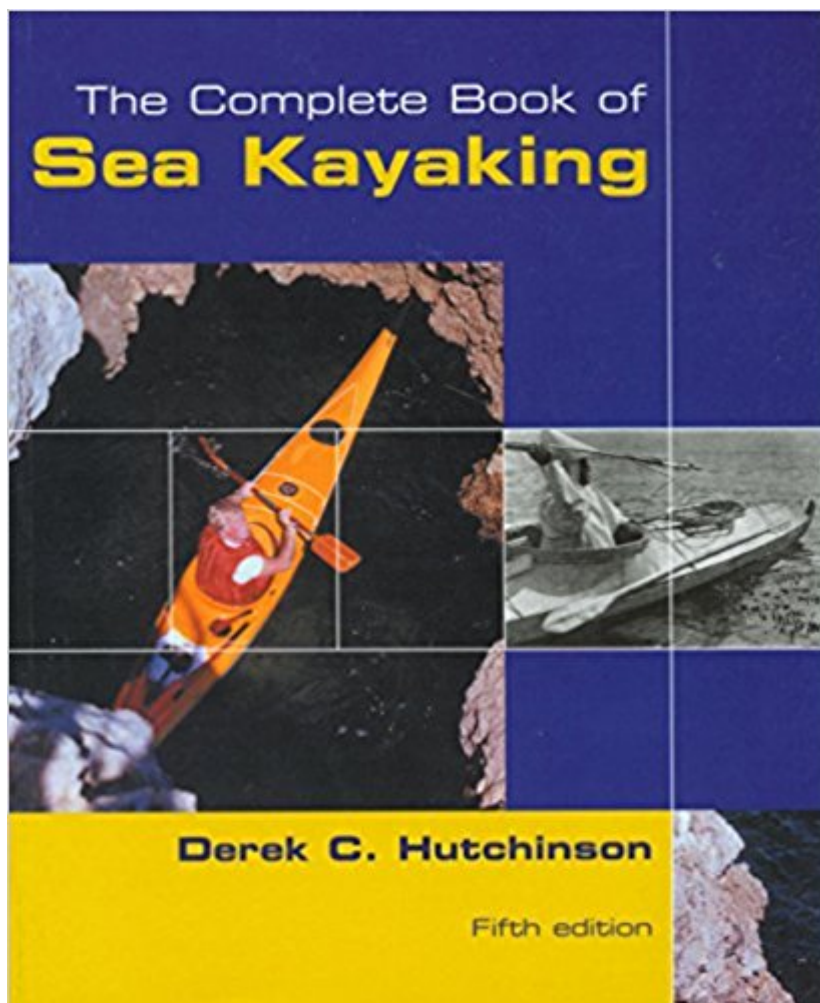


The book was found

Complete Book Of Sea Kayaking (How To Paddle Series)



Synopsis

Discover the excitement and adventure of paddling on the open sea. This thoroughly revised fifth edition of the bestselling Complete Book of Sea Kayaking is a comprehensive guide for the beginner and an invaluable reference source for the seasoned veteran. From basic strokes and techniques to advanced rescue maneuvers, kayak history to boat design, this is the fundamental book for all sea kayakers. With this book in hand readers will learn about choosing a kayak and paddle, launching, how to outfit themselves, advice on kayak strokes, maneuvers, navigation, equipment, and the newest technology. This new edition contains additional material on the history and origins of the kayak as well as new information on navigation. The chapters on strokes and techniques have been expanded considerably and now present information in a master-class format that caters to novice paddlers.

Book Information

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Average Customer Review: 4.5 out of 5 stars 10 customer reviews

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Customer Reviews

The Complete Book of Sea Kayaking is a comprehensive guide for the beginner and an invaluable reference book for the experienced. It describes equipment, basic and advanced techniques (including those for rolling and rescues), weather and navigation, and is illustrated throughout by the author's own drawings and by spectacular color photographs. This new edition has been completely updated in line with the latest sea kayaking developments. The existing sections have been revised and new sections have been added, including choosing a kayak and paddles, a new deepwater rescue method, dealing with mudflats and quicksand, and how to compile your own local weather

chart. A new chapter on racing makes a welcome addition to the book. Updated illustrations and additional historic photographs have been included, making this the essential resource for sea kayakers everywhere.

Derek C. Hutchinson joined the British Canoe Union Coaching Scheme in 1963 and has since become an international authority on sea kayaking. He has led major kayaking expeditions all over the world and travels extensively throughout the United Kingdom and the United States, lecturing and coaching at all levels.

I have really enjoyed sea kayaking. My first instructor recommended this book and it has been great. Simple tips that have helped me have a more efficient stroke.

I bought this book as a textbook for my kayaking class. The author is very thorough, explaining everything you would need to know for sea kayaking, including proper paddling techniques, rolls, rescues, even detailing useful provisions for kayaking trips, what to look for when buying a new kayak, and how to predict and be prepared for various weather conditions. The book has tons of diagrams to help with the explanations. You could become a skilled kayaker by just following the directions in this book. He covers everything. It can get a little bit dry at times, so I wouldn't say i "love" it, but it is very good quality.

BUY THIS BOOK !!! love this book, Derek is funny and incredibly informative. I originally got it at the library and read it over and over and over, and then finally bought it and read it again. Learn something new every time.....If you are going to get one book on kayaking, this is it!

classic

A++++

Simple, great intro book.

Pros: A very detailed and technical section on strokes. Enjoyable reading.Cons: Dated. Much information specific to "British" kayaking. Not a single mention of how to tie a knot. Many nautical terms not defined.

I found this book very helpful as I was learning kayaking. This book covers a large variety of topics with detailed cartoon-like illustrations as well as some photos. I am attaching a sample page from the book to show you what a typical explanation looks like. I found explanations to be a great reminders/re-freshers of the kayaking classes I took on the water. I read the book several times as my skills improved and every time I was able to find something new and useful. Here are the chapters of the book: 1. Equipment 2. Basic strokes and techniques 3. Advanced strokes and techniques 4. Surfing 5. Rescues 6. Waves 7. Winds and weather 8. Tides and tidal streams 9. Navigation 10. Arctic origins of the sea kayaking

This book is not just a manual for learning how to improve your kayaking technique and tips on outfitting your boat. This book covers kayaking history and shares author's passion for the kayak. I enjoyed every page no matter how many times I read it! I recommend this book. Ali Julia review

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